

WHAT'S ON IN GOSFORTH – SEPTEMBER 2017

GOSFORTH 10K ROAD RACE

Tuesday 5th September

Starts at 6.30 at the Playing Field, first finishers back through the Village at 7.03 p.m.

Come and support the runners – or have a go!
Entry forms from Blengdale Runners Facebook Page, or on
www.BookitZone.com

- 3rd Sunday St Mary's **Holy Communion**, 8 a.m.
Harvest Praise Service in the Methodist Church at 10 a.m., led by Rev John Riley and the Worship Leaders
St Michael's, Nether Wasdale, **Evening Prayer** at 6.30 p.m.
- 4th Monday **Soup Lunch** in the Methodist Room from 12 noon to 11.30 p.m.
Gosforth Art Society meet in the School Hall from 6.30 p.m. to 8.30 p.m.
Pilates class in Gosforth Public Hall (Main Hall) at 6:30pm (more of a beginners feel) or 7:35pm (all welcome). £5 per week or £24 for a six week block. Please bring a mat or towel.
- 5th Tuesday **Gosforth Ten Kilometre Road Race** - starts at 6.30 p.m. prompt from the Playing Field, first runners back through the village at 7 p.m.
W I meet at 7.15 p.m. in the Public Hall . "Flower Arranging" with Pat Crichton.
Competition - A Posy of Flowers.
- 6th Wednesday **Armchair Pilates** in the Methodist Church at 10.30 a.m.
INDOOR BOWLS meets every Wednesday afternoon in the Public Hall at 2 p.m.
Karate Classes at Gosforth Public Hall at 4:45pm for Level 01 and 5.45 for Levels 02/03
- 7th Thursday **U3A Singing for Fun** in St Mary's Room from 2.30 p.m. to 4 p.m. Refreshments; non-members very welcome. Contact Xandra Brassington 25794
GADS Youth Theatre Group starts at 7 p.m. prompt in the Public Hall.
- 9th Saturday **Craft Fair** in the Public Hall from 10 a.m. to 4 p.m. Refreshments.
- 10th Sunday St Mary's **Festival Communion** at 10 a.m.
Sing Stars session at Gosforth School. Tots, 2 - 4 years, 10.30 to 11.15 a.m.; Juniors, Inters and Seniors 10.30 to 12.30 p.m.
All Stars Ecumenical children's club, for all upto 11 years, in the Methodist Room, 10 to 11.30
Bradbury House **Holy Communion** at 11.30 a.m.
St Olaf's, Wasdale Head, **Holy Communion** at 6.00 p.m.
Methodist Church **Evening Service with Holy Communion** at 6.30 p.m. led by Rev Jonathan Falkner.
- 11th Monday **Gosforth Art Society** meet in the School Hall from 6.30 p.m. to 8.30 p.m.
Pilates class in Gosforth Public Hall (Main Hall) at 6:30pm (more of a beginners feel) or 7:35pm (all welcome). £5 per week or £24 for a six week block. Please bring a mat or towel.
- 12th Tuesday NEW - **Freestyle Fitness Yoga** with Penelope Pendleton in the School Hall, 6 p.m. £4 per session.
- 13th Wednesday **French Conversation** Classes in The Kellbank, 10 a.m. to 12 noon. Cost is £3 including coffee.
Age UK Community Get-Together in The Kellbank from 10.30 a.m. to 12 noon. Come along and share your memories and experiences of life!
INDOOR BOWLS meets every Wednesday afternoon in the Public Hall at 2 p.m.
Lego Club meets at 4 p.m. in the Library.
Karate Classes at Gosforth Public Hall at 4:45pm for Level 01 and 5.45 for Levels 02/03
NEW - Pilates based Circuit Training in the Public Hall, 7.30 p.m. £5 per class or £24 for 6. For details contact Amy on 07510 104508 or just come along.
Parish Council Meeting at 7.30 p.m. in the Supper Room. Public are welcome.

- 14th Thursday **Tea and Chat** in the Methodist Room at 2.15 p.m., with Susan Neate.
Public Hall Management Committee meet at 7.30 p.m. in the Library. All welcome
GADS Youth Theatre Group starts at 7 p.m. prompt in the Public Hall.
- 17th Sunday St Michael's, Nether Wasdale, **Holy Communion**, 9 a.m.
St Mary's **Holy Communion** at 10 a.m.
Sing Stars session at Gosforth School. Tots, 2 - 4 years, 10.30 to 11.15 a.m.; Juniors, Inters and Seniors 10.30 to 12.30 p.m.
All Stars Ecumenical children's club, for all upto 11 years, in the Methodist Room, 10 to 11.30
Methodist Church **Evening Service** at 6.30 p.m. led by Rev Ian Parker.
- 18th Monday **Gosforth Art Society** meet in the School Hall from 6.30 p.m. to 8.30 p.m.
- 19th Tuesday NEW - **Freestyle Fitness Yoga** with Penelope Pendleton in the School Hall, 6 p.m. £4 per session.
- 20th Wednesday **French Conversation** Classes in The Kellbank, 10 a.m. to 12 noon. Cost is £3 including coffee
INDOOR BOWLS meets every Wednesday afternoon in the Public Hall at 2 p.m.
Karate Classes at Gosforth Public Hall at 4:45pm for Level 01 and 5.45 for Levels 02/03
NEW - **Pilates based Circuit Training** in the Public Hall, 7.30 p.m. £5 per class or £24 for 6. For details contact Amy on 07510 104508 or just come along.
- 21st Thursday **West Lakes U3A** meet in Gosforth Public Hall at 10.15 a.m. for 10.45 a.m. start. "The story of Pat O'Leary, Head of Evasion and Escape". Speaker is Joe Ritson.
LDNPA Planning Surgery in the Public Hall, 12 noon to 1.30 p.m., with Catherine Campbell.
GADS Youth Theatre Group starts at 7 p.m. prompt in the Public Hall.
- 23rd Saturday **Coffee Morning** from 10 a.m. to 12 noon, in Gosforth Library Link
- 24th Sunday St Mary's **Holy Communion** (with Healing Prayer) at 10 a.m.
All Stars Ecumenical children's club, for all upto 11 years, in the Methodist Room, 10 to 11.30
Sing Stars session at Gosforth School. Tots, 2 - 4 years, 10.30 to 11.15 a.m.; Juniors, Inters and Seniors 10.30 to 12.30 p.m.
St Olaf's, Wasdale Head, **Harvest Festival** at 3 p.m.
Methodist Church **Evening Service with Holy Communion** at 6.30 p.m. led by Rev Dr Wendy Kilworth-Mason
- 25th Monday **Gosforth Art Society** meet in the School Hall from 6.30 p.m. to 8.30 p.m.
Pilates class in Gosforth Public Hall (Main Hall) at 6:30pm (more of a beginners feel) or 7:35pm (all welcome). £5 per week or £24 for a six week block. Please bring a mat or towel.
- 26th Tuesday NEW - **Freestyle Fitness Yoga** with Penelope Pendleton in the School Hall, 6 p.m. £4 per session.
- 27th Wednesday **French Conversation** Classes in The Kellbank, 10 a.m. to 12 noon. Cost is £3 including coffee.
Age UK Community Get-Together in The Kellbank from 10.30 a.m. to 12 noon. Come along and share your memories and experiences of life!
Armchair Pilates in the Methodist Church at 10.30 a.m.
INDOOR BOWLS meets every Wednesday afternoon in the Public Hall at 2 p.m.
Karate Classes at Gosforth Public Hall at 4:45pm for Level 01 and 5.45 for Levels 02/03
NEW - **Pilates based Circuit Training** in the Public Hall, 7.30 p.m. £5 per class or £24 for 6. For details contact Amy on 07510 104508 or just come along.
- 28th Thursday **Tea and Chat** in the Methodist Room at 2.15 p.m., with Mrs Maureen Pyke.
GADS Youth Theatre Group starts at 7 p.m. prompt in the Public Hall.
- 30th Saturday **MacMillan Coffee Morning** from 10 a.m. to 12 noon, in Gosforth Library Link

COMING SOON

- **Nu Works Theatre from Australia** present their own adaptations of two plays in one night - Romeo and Juliet and Snow White - in Gosforth Public Hall on 7th October
- New - **Accessible Pilates**, using Pilates Principles from a seated and standing position, Tuesdays 5 p.m. in Gosforth Public Hall from 10th October.

NOTICES

- Bookings for St Mary's Room should be made from now with Ruth Schofield 01946 725300
- **Phone Mel Gould on 019467 27486 if you want details of your event included in both versions, or e-mail me, melbgould2@gmail.com, or call at/ post to The Ferns, The Banks, Seascale CA20 1QH**