

WHAT'S ON IN GOSFORTH – JANUARY 2018

Sponsors needed

To defray the costs of producing this monthly What's On guide, the Parish Council welcome those who wish to sponsor an edition for £15.

You'll get your event advertised in this space, and on the Gosforth Facebook page, and on the Village website. email melbgould2@gmail.com if you are interested.

- 2nd Tuesday **W I** meet at 2 p.m. in the Public Hall . “Games and Goodies”. Competition - A Funny Christmas Card.
Freestyle Fitness Yoga with Penelope Pendleton at Gosforth PUBLIC HALL, 6 p.m. £4 each.
- 3rd Wednesday **INDOOR BOWLS** meets every Wednesday afternoon in the Public Hall at 2 p.m.
Pilates based Circuits - in Gosforth Public Hall at 7.30 p.m.
- 7th Sunday St Mary's **Holy Communion**, 8 a.m.
St Mary's **Family Service**, 10 a.m.
All Stars Ecumenical children's club, for all upto 11 years, in the Methodist Room, 10 to 11.30
Methodist Church **Evening Service** at 6.30 p.m. led by Rev Dr Wendy Kilworth-Mason.
- 8th Monday **Mat based Pilates** - in Gosforth Public Hall at 6.30 p.m.
Gosforth Art Society meet in the School Hall from 6.30 p.m. to 8.30 p.m.
- 9th Tuesday **Freestyle Fitness Yoga** with Penelope Pendleton at Gosforth PUBLIC HALL, 6 p.m. £4 each.
- 10th Wednesday **French Conversation** Classes in The Kellbank, 10 a.m. to 12 noon. Cost is £3 including coffee.
Age UK Community Get-Together in The Kellbank from 10.30 a.m. to 12 noon.
Armchair Pilates in the Methodist Church at 10.30 a.m.
INDOOR BOWLS meets every Wednesday afternoon in the Public Hall at 2 p.m.
Karate Classes at Gosforth Public Hall at 4:45pm for Level 01 and 5.45 for Levels 02/03
Pilates based Circuits - in Gosforth Public Hall at 7.30 p.m.
- 11th Thursday **Tea and Chat** in the Methodist Room at 2.15 p.m. with Alex Arthur (Workington Fire Brigade).
- 13th Saturday Blengdale Runners **Winter Handicap Run**, open to all; from The Ferns, The Banks, Seascale - two laps of a 2.14 mile circuit, no entry fee but everyone to bring a prize and to set their own handicaps. Closest to your predicted time wins and picks the first prize, second closest chooses second prize etc.. Starts at 2 p.m., hot drinks and mince pies afterwards. Minimum age 15.
- 14th Sunday **Village Praise, United Covenant Service** in the Methodist Church at 10 a.m., with Revs. John and Lesley Riley and David Andrews
Gosforth Library Link **Winter Heritage Talk** - “The Coming of the Railways to Whitehaven” with hands on exhibits. Refreshments. £2.50 (children free)
- 15th Monday **Soup Lunch** in the Methodist Schoolroom at 12 noon, proceeds for Zimbabwe (Matabeleland).
Mat based Pilates - in Gosforth Public Hall at 6.30 p.m.
Gosforth Art Society meet in the School Hall from 6.30 p.m. to 8.30 p.m.
- 16th Tuesday **Freestyle Fitness Yoga** with Penelope Pendleton at Gosforth PUBLIC HALL, 6 p.m. £4 each.
- 17th Wednesday **French Conversation** Classes in The Kellbank, 10 a.m. to 12 noon. Cost is £3 including coffee.
INDOOR BOWLS meets every Wednesday afternoon in the Public Hall at 2 p.m.
Karate Classes at Gosforth Public Hall at 4:45pm for Level 01 and 5.45 for Levels 02/03
Pilates based Circuits - in Gosforth Public Hall at 7.30 p.m.
Parish Council Meeting at 7.30 p.m. in the Supper Room. Public are welcome.
- 18th Thursday **West Lakes U3A** meet in Gosforth Public Hall at 10.15, for 10.45 a.m. start. “Mogul Tomb Architecture”. Speaker is Mrs Frances Burdett.
LDNPA Planning Surgery in the Public Hall, 12 noon to 1.30 p.m.
- 21st Sunday St Michael's, Nether Wasdale, **Holy Communion** at 9 a.m.
St Mary's **Holy Communion** at 10 a.m.
All Stars Ecumenical children's club, for all upto 11 years, in the Methodist Room, 10 to 11.30
Ecumenical United Service in St Mary's at 3 p.m.

- 22nd Monday **Mat based Pilates** - in Gosforth Public Hall at 6.30 p.m.
Gosforth Art Society meet in the School Hall from 6.30 p.m. to 8.30 p.m.
- 23rd Tuesday **Freestyle Fitness Yoga** with Penelope Pendleton at Gosforth PUBLIC HALL, 6 p.m. £4 each.
- 24th Wednesday**LAST DAY FOR ITEMS FOR FEBRUARY "WHAT'S ON"**.....
- 24th Wednesday **French Conversation** Classes in The Kellbank, 10 a.m. to 12 noon. Cost is £3 including coffee.
U3A Discovery Group in St Mary's Room at 10.15 a.m. for coffee for a 10.45 a.m. start,
 "Aircraft the barely flew", speaker Alan Banks.
Armchair Pilates in the Methodist Church at 10.30 a.m.
GADS present "Sleeping Beauty" at 7 p.m. Tickets £6 Adults and £4 children. To book, see details in "Notices " below. Some tickets may be available at the door - if there are any left!
 Doors open 6.30 p.m.
- 25th Thursday **Tea and Chat** in the Methodist Room at 2.15 p.m. with Jan Fotheringham from AgeUK.
GADS present "Sleeping Beauty" at 7 p.m. Tickets £6 Adults and £4 children. To book, see details in "Notices " below. Doors open 6.30 p.m.
- 26th Friday **GADS present "Sleeping Beauty"** at 7 p.m. Tickets £6 Adults and £4 children. To book, see details in "Notices " below. Doors open 6.30 p.m.
- 27th Saturday Gosforth Library Link - **Coffee Morning** from 10 a.m. to 12 noon.
GADS present "Sleeping Beauty" at 6 p.m. Tickets £6 Adults and £4 children. To book, see details in "Notices " below. **Doors open 5.30 p.m.**
- 28th Sunday St Mary's **Holy Communion** at 10 a.m.
All Stars Ecumenical children's club, for all upto 11 years, in the Methodist Room, 10 to 11.30
 Methodist Church **Evening Service** at 6.30 p.m. led by Viv Kendall.
- 29th Monday **Gosforth Art Society** meet in the School Hall from 6.30 p.m. to 8.30 p.m.
Mat based Pilates - in Gosforth Public Hall at 6.30 p.m.
Intermediate Pilates - in Gosforth Public Hall at 7.35 p.m.
- 30th Tuesday **Freestyle Fitness Yoga** with Penelope Pendleton at Gosforth PUBLIC HALL, 6 p.m. £4 each.
- 31st Wednesday **French Conversation** Classes in The Kellbank, 10 a.m. to 12 noon. Cost is £3 including coffee.
Age UK Community Get-Together in The Kellbank from 10.30 a.m. to 12 noon.
INDOOR BOWLS meets every Wednesday afternoon in the Public Hall at 2 p.m.
Karate Classes at Gosforth Public Hall at 4:45pm for Level 01 and 5.45 for Levels 02/03
Pilates based Circuits - in Gosforth Public Hall at 7.30 p.m

NOTICES

- **PANTOMIME TIME!** This time it's Sleeping Beauty! Tickets go on sale to the general public on Thursday 4th January. Please book early, tickets sold very quickly last year, and Saturday night was completely sold out! Prices are held for another year at £6 adults and £4 u18/students. Performance dates are 24th to 27th January. To book, visit www.gads.org.uk, or email pantotickets@gads.org.uk, or phone 019467 28392. **Tickets may be on sale on the door if there are any left. Don't take the risk, book in advance!**
- **Accessible Pilates Classes** - using Pilates exercises from a seated and standing position (so avoids getting down to the floor and back up again) - please contact Amy at amyfisher@hotmail.com to be added to the waiting list, or for more information.
- **Scouts** meet between 7 and 9pm at the Scout hut on a Tuesday - Ages 10 to 14. Contact Dave Marsden 24632.
- **Brownies** meet in the Scout Hut every Monday from 5.30 p.m. to 7 p.m. For girls aged 7 to 10. Contact Samantha Milliner 25910.
- **Gosforth Rainbows** meet on Monday in term time 5pm to 6pm in Gosforth public hall for girls aged 5up to 7yrs contact Sarah Millard 01946725365.
- **Gosforth Beavers** (6 to 8 years) meet Wednesdays 5 till 6pm and **Cubs** (8 to 10 years) meet 6.15 till 7.30pm, in the Scout hut. Contact Jackie Harper 27211 for more details.
- **MokyFit & MokyCORE with Shameem** - Mondays 10am Seascale Sports Hall - MokyHIIT/CORE - Mums with babies and children in tow very welcome (soft play available at no extra charge). Wednesdays 7.30pm Seascale School- MokyHIIT/CORE. Fridays 10am Seascale Sports Hall - MokyHIIT - Mums with babies and children in tow very welcome. New to 2017 MokyZEST - fitness for older adults and those less mobile Mondays 11am Seascale Sports Hall. For more details see "MokyFit with Shameem" on facebook.
- **Phone Mel Gould on 019467 27486, or e-mail me, melbgould2@gmail.com, if you want to be added to the email circulation list, or if you want details of your event included in both versions.**